



Brown County HHS

Virtual Support Meeting Options



Finding support for substance use disorder is just a Google search away! Try something new, you don't have to do this alone.

IN THE ROOMS

In The Rooms is a free online recovery tool that offers 130 weekly online meetings for those recovering from addiction and related issues. We embrace multiple pathways to recovery, including all 12 step, Non-12 Step, Wellness and Mental Health modalities.

ONLINE INTERGROUP OF AA

The OIAA Directory features 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. Browse the next available or search for the right one for you.

CA ONLINE

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

VIRTUAL NA

Bringing Narcotics Anonymous Meetings to Remote or Isolated Addicts from around the world who may, for whatever reason, be unable to attend local face to face meetings.

REFUGE RECOVERY

A Buddhist inspired path to recovery from addiction. Refuge Recovery is a practice, a process, a set of tools, a treatment and a path to healing addiction and the suffering caused by addiction.

SMART RECOVERY

Self-Management And Recovery Training (SMART) is a global community of mutual-support groups. At meetings, participants help one another resolve problems with any addiction (to drugs or alcohol or to activities such as gambling or over-eating).

LIFERING SECULAR RECOVERY

To provide an abstinence based, secular, and self-empowered addiction recovery pathway through meetings and support network. Online meetings daily along with 24 hour chat room.

YOUNG PEOPLE IN RECOVERY

YPR's mission is to provide the life skills and peer supports to help people recover from substance use disorder and reach their full potential.

AL-ANON

Al-Anon is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives.

CHECK OUT THE ADRC WEBSITE FOR MORE RESOURCES

<https://adrcofbrowncounty.org/resource-library/>