

Brown County Health & Human Services

Public Health Division

KEV HLOOV TSHIAB Txog Kev Caiv Nyob Hauv Tsev Rau Cov Mus Nyob Ze Ib Tug Neeg Muaj Mob

Cov lus hauv qab no yog **rau cov mus nyob ze neeg mob xwb** (close contacts), cov neeg uas **tsis** tau paub tseeb tias mob (positive) rau COVID-19, tiam sis *tau mus nyob ze* nrog ib tug neeg mob (positive) rau COVID-19. Cov lus qhia hauv qab no **tsis muaj feem rau cov tibneeg uas twb yeej mob (positive) rau COVID-19 lawm.**

I. Lo Lus Txhais Txog Close Contact:

Koj yog ib tug neeg uas yog "Close Contact" yog tias cov hauv qab no muaj feem rau koj thaum koj siv sijhawm mus nyob ze ib tug neeg mob COVID-19, tab txawm nws yeej tsis pom huam mob tuaj rau sijhawm koj mus nyob ze:

- a. Koj tau mus ze kov kiag tus neeg (piv txwv li, mus khawm nws, hnia, los sis tuav tes).
- b. Koj nyob ze li ntawm 2 dag (6 feet) ntawm tus neeg no li 15 feeb los ntau tshaj rau ib hnuv twg.
- c. Koj tau mus hnia tau nws tus pa (piv txwv li, nws hnoos los sis txham rau koj; koj tau mus kov nws daim ntaub so ntswg; koj tau haus nws khob dej, noj mov, siv txoj phuum los sis lwm yam khoom siv nrog tus neeg no)
- d. Koj nyob nrog tus neeg no los sis tau mus pw ib hmos nrog tus neeg no.

II. Lus Qhia Rau Cov Mus Nyob Ze:

- a. **Kev Phom Sij Qis Tshaj (Caiv 14 Hnuv):** BCPH yeej pom zoo caiv 14 hnuv rau cov neeg uas mus nyob ze ib tug neeg mob. BCPH pom zoo caiv nyob hauv tsev rau 14 hnuv vim tias yuav pab cheem kom tus kab mob COVID-19 no txhob nthuav dav mus deb los, BCPH nkag siab tias yuav ua tsis tau li txhua zaus, thiab BCPH tau pom zoo rau cov hauv qab Kev Phom Sij Nruab Nrab thiab Kev Phom Sij Siab Tshaj.
- b. **Kev Phom Sij Nruab Nrab (Caiv 10 Hnuv):** Xaus kev caiv nyob hauv tsev tau tom qab Hnuv 10 **yog tias** tsis pom huam mob tuaj rau lub caij uas koj soj qab tus mob txhua hnuv ntawd. Tiam sis yuav tsum soj qab tus mob thiab looj lub npog qhov ncauj mus kom txog Hnuv 14.



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- c. **Kev Phom Sij Siab Tshaj (Caiv 7 Hnub):** Xaus kev caiv nyob hauv tsev tau tom qab Hnub 7 **yog tias** tau mus kuaj es qhov chaw kuaj qhia tias yog (negative) uas tsis mob, **thiab yog tias** tsis pom huam mob tuaj rau lub caij soj qab tus mob txhua hnub ntawd. Tiam sis yuav tsum soj qab tus mob thiab loj lub npog qhov ncauj mus kom txog Hnub 14. Koj mus kuaj tau mob li ntawm 48 xaub moos tom qab Hnub 7, tiam sis yuav tsum caiv nyob twj ywm tsev tom qab Hnub 7.
- a. Kev kuaj mob rau COVID-19 yuav tsum mus kuaj rau hnub 6 losv sis 7 kom thiab li kuaj tau tus mob. Yuav tsum txais koj li kev kuaj uas yog (negative) uas qhia tau tias tsis muaj mob ua ntej mam li pub koj rov qab tuaj ua haujlwm los sis ua tej kis las li koj nyia. Hnub ntxov tshaj pub koj rov qab mus yog nyob rau Hnub 8.

LUS CEEB TOOM: Cov txheem lus muab sau rau saud yog los ntawm lub Centers for Disease Control and Prevention (CDC, koom haum saib xyuas kab mob kev nkeeg), thiab los ntawm lub Wisconsin Department of Health Services (DHS, chau haujlwm saib xyuas pej xeem kev noj qab nyob zoo), tiam sis tsis yog txwv qhov koj mus nrog ib tug kws kho mob tham. Thaum koj mob tuaj, koj yuav tsum mus ntsib koj tus kws kho mob kom sai li sai tau.

Ntaub ntawv rho los ntawm:

Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html>

Wisconsin Department of Health Services (DHS): <https://www.dhs.wisconsin.gov/covid-19/diagnosed.htm>

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