

Maskiga oo laxirto maka hortagi kartaa COVID-19?

Waaxda Caafimaadka ee Brown konti waxa uu aqoonsanyahay in gafuurka lawada dooboolo eey tahay aalad wax ku ool ah yareynta faafitaanka COVID-19. Khabiirro ku xeel dheer meela kala duwan ayaa waxa eey ogaadeeyn marka gafuurka is caam ah loo dooboolo, iyo iyada oo lagu daro masaafada kala fogaanshada iyo nadaafada gacmaha oo kor loo qaado, in heerka caabuqa eey si weeyn u dhimeeyso.

Marka loo eego daraasadihii ugu dambeeyay:

Waji xidhka wejiga ayaa yaraynaya suuragalnimada in uu qofka xirta uu qaado COVID-19. Maaskaro maro ah, ha ahaadeen kuwa guriga lagu sameeyo amaganacsi, waxay yareyn kartaa caabuqyada fayraska neef-mareenka by33% iyo in uu yareeyo in bulshada uu ku faafo.

<http://www.healthdata.org/covid/updates>

Guud ahaan gafuurka oo ladoboolo 80% ayaa waxa uu hoos ugu dhimayaa, ama waxa uu yareenayaadhimashada, marka la barbardhigo in xirashada maskaraatada 50%. Afka oo lawada dooboosho 80%-90% ugu dambeeyn waxa uu ciribtirayaa COVID-19.

<https://arxiv.org/pdf/2004.13553.pdf>

Maaskarad la'aan, kala fogaansho masaafo laan cabbiraadaha, halista gudbinta COVID-19 waa 17.4%. Kudar amaaskaro ama mashiinka neefsashada, nambarkana wuxuu hoos ugu dhacaa 3.1%[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)31142-9/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31142-9/fulltext)

Marka laxirto maskiga, COVID-19 ayaa waxaa laga dareemay 30%-40% sambalada la aruuriyay, bal marka maskarada laxirtay COVID-19 lagama helin sambalada.

<https://www.nature.com/articles/s41591-020-0843-2>

Nidaamka caafimaad ee Massachusetts oo leh in kabadan 75,000 oo shaqaalo oo lagu qasbay in maskaraato xirtaan, Markii maskaraatada qasab laga dhigay, waxa eey arkeen hoos u dhac 50% ee keesaska COVID-19 ee bositifka ah maalin kasto.

<https://jamanetwork.com/journals/jama/fullarticle/2768532>

Kiis Baaritaan

Labo qof oo Missouri dagan oo ka shaqeeyo qurxinta timaha oo laga helay COVID-19. Labada timo qurxiyaal wax eey qabeeyn calaamadaha waxa eeyna sii wateeyn in eey shaqeeyaan muddo 4 iyo ila 8 maalmood ah. Saloonka waxa uu qabay sharci laga rabo in shaqaalaha iyo macmiisha xirtaan maskiga. In kabadan 98% ayaa xirtay maski. Gadi ahaanba macmiishii la weeydiyay suaalaha waxa calaamadaha ah lagama helin dhamaan macaamishii laga baarayna waxa eey noqdeeyn negative cudarka COVID-19.

* Fadlan eeg beej ka hoose halka laga xiktay.



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Marka qoowsaska latacaalayaan kuwa qabo COVID-19 bositif eey xirtaan maskaraato, gudbinta waxaa lagu yareeyay 79%.

<https://gh.bmj.com/content/bmjgh/5/5/e002794.full.pdf>

Gobolka New York, haddii 80% dadka waaweyni xirtan lahaayeen maaskaro, Dhimashada isugeynta COVID-19 ayaa hoos dhici laheyd 55% -74%, waxay kuxirantahay heerka sidawax ku ool ah maaskarada loo xirtay.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7186508/>

Maskaraatada N95, maskaraatada caafimaadk, mida guriga kagu soo sameeyay ee leh afar leeyar warqad iyo leeyar maro ah waxa eey istaajini kartaa 99.98%, 97.14%, and 95.15% of COVID-19, si isku xiran.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7228401/>

Haddii xirashada maskaraatada kor loogu qaadi lahaay 15%, waxa eey ka hortagi laheeyd in dib loo soo celiyo amarada guri joogista taas oo ku fadhini laheeyd qarash lagu qayaasay 5% ee daqliga wax soosaarka ah, ama qiima lagu qiyaasay 1 trillion.

<https://www.goldmansachs.com/insights/pages/face-masks-and-gdp.html>

Gobolada soo rogay rirashada maskaraatida, isku celceliska hoos u dhaca waxa uu noqday 2% sadax asbuuc kadib markii lasaxiixay oona la hergaliyay sharciga.

<https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2020.00818>

Xitaa heerarka hoose ee xirashada maskiga, xirashada maskiga waxa uu faaido u yahay xirtaha. Xirashada maskiga wajiga ee meelaha dadweeynaha, marka lagu daro masaafaha kala fogaanshada ama waqti xayiraad lasoo rogay, waxa eey keentaa nooc wanaagsan ee dhowrayo COVID-19 iyo dib u furinta howlaha dhaqaalaha.

<https://royalsocietypublishing.org/doi/10.1098/rspa.2020.0376>

Kiis Baaritaan

Koox heesayaal oo ka socday gobolka Washignton waxay soo wariyeen in 87% kamid ah kooxdooda laga helay COVID-19 kadib markii eey qabteenkulan. Waaxda caafimaadka ee kontiga waxa eey ogaadeeyn in tani eey hoosta ka xariiqday muhiimada eey leedahay masaafada kala fogaanshada, meelaha lagu badanyahay, xirashada marada af daboolka, marka aan lasameeyn karin masaafada kala fogaanshada.

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