

Need to Know Where to Go?



Brown County Mental Health Navigation Guide

Safe



MyConnectionNEW.org



Connect to LOCAL
mental health
services & supports



MyConnectionNEW.org is a resource for mental health & substance abuse information, resources, and service navigation.

At Risk



Call or Text 2-1-1 anytime for free assistance with human, social, mental, and basic needs and for help during disaster situations.

Unsafe



Call 920-436-8888 anytime when immediate support is needed to prevent a situation from becoming dangerous.

Danger



Call 9-1-1 to request immediate assistance from police, fire and rescue personnel for any in-progress situation that could potentially result in danger to someone's life.



What to Expect

Crisis Center:

- A crisis counselor will talk with you so they can understand the situation and help you problem-solve, explore options, and possibly send help to de-escalate the crisis.
- If there are any concerns a person might harm themselves or someone else, the crisis counselor will complete a risk assessment and work with you to determine what is needed to help the person be safe and stable.
- Crisis counselors work to provide trauma-informed, person-centered support in the least restrictive way. Hospitalization does occur at times, as the last and least used option. Most people are helped by finding ways to increase support and reduce risk in their everyday life.
- Crisis counseling is a short-term service to address an immediate mental health need. If ongoing services are needed, or if there are needs for services besides mental health support, the crisis counselor will help people connect with resources.

Follow up services will be provided to determine if the crisis has been resolved or if additional support is needed.

911:

- Please call 911 for assistance if you or someone you know is in danger as a result of a mental health crisis.

For more information visit:

MyConnectionNEW.org

<https://www.browncountyunitedway.org/2-1-1/>

<https://www.familyservicesnew.org/crisis-center/>



Public Health
Prevent Promote Protect
Brown County
Health & Human Services



Connections
for mental wellness



Brown County
Health & Human Services
Community Services